ADVISORY NOTICE ON COVID-19

The ADCI encourages all members to be vigilant within their companies and schools in exercising the recommended practices from health officials and the WHO for mitigating the spread of the Coronavirus (COVID-19).

By now, the world should know that COVID-19 is a very infectious disease caused by the most recently discovered coronavirus, unknown before the outbreak began in Wuhan, China, in December 2019. The most common symptoms of COVID-19 are fever, tiredness, and dry cough. Some patients may have aches and pains, nasal congestion, runny nose, sore throat, or diarrhea. These symptoms are usually mild and begin gradually. Some people become infected but don’t develop any symptoms and don’t feel unwell. Most people (about 80%) recover from the disease without needing special treatment. Around 1 out of every 6 people who gets COVID-19 becomes seriously ill and develops difficulty breathing. Older people, and those with underlying medical problems like high blood pressure, heart problems, or diabetes, are more likely to develop serious illness. People with fever, cough, and difficulty breathing should seek medical attention.

COVID-19 spreads from others who have the virus. The disease can spread from person to person through small droplets from the nose or mouth which are spread when a person with COVID-19 coughs or exhales. These droplets land on objects and surfaces around the person. Other people catch COVID-19 by touching these objects and surfaces, then touching their eyes, nose, or mouth. People can catch COVID-19 if they breathe in droplets from a person with COVID-19 who coughs out or exhales droplets.

The most effective known ways to protect yourself and others against COVID-19 are to frequently clean your hands, cover your cough with the bend of elbow or tissue, and maintain a distance of at least 1 meter (3 feet) from people who are coughing and sneezing.
The World Health Organization (WHO) is assessing ongoing research on the ways COVID-19 is spread and will continue to share updated findings. Stay aware of the latest information on the COVID-19 outbreak, available on the WHO website and through your national and local health authorities. The ADCI encourages all industry stakeholders to thoroughly risk assess any planned air travel or any form of travel to areas with wide-spread outbreak.

This Information was sent to further the communication of all industry stakeholders. Safety is the primary concern of the ADCI. Remember: a real-time Job Hazard Analysis is important, but nothing can replace good common sense.

Sincerely,

Phil Newsum  
Association of Diving Contractors International